

Online Safety



During this time, as you are aware, many children and young people will be spending more time online, with this being the only source of social interaction. The links below provide sources of advice and support for parents/carers, children and young people.

Queensland websites

Queensland Government online portal with resources and advice:
www.csyw.qld.gov.au/campaign/stop-cyberbullying

Department of Education advice and resources
www.behaviour.education.qld.gov.au

National websites

eSafety Commissioner

Via the website www.esafety.gov.au, provides:

- a specific link to resources for online safety during COVID-19
- eSafety information, including getting help and social networking sites
- education resources
- information for parents and carers advice and support on making complaints about cyberbullying and image-based abuse
- a directory of wellbeing resources.

Lifeline

Nationwide crisis support and suicide prevention services (phone **13 11 14** or www.lifeline.org.au)

Kids Helpline

Nationwide 24/7 counselling services for young people aged 5–25
(phone **1800 551 800** or via www.kidshelpline.com.au/teens/issues/bullying)

eheadspace

Free online and telephone support and counselling to young people aged 12–25
(phone **1800 650 890** or www.headspace.org.au)

Parentline

Support, counselling and education to parents and carers of children in Queensland and the Northern Territory (phone **1300 301 300** or www.parentline.com.au)