

Breakfast (Available 8:00 – 8:45am)

Bacon & egg muffin	\$5.00
Ham & Cheese croissant	\$5.20
Hash Brown (GF/VG)	\$1.50
Ham & Cheese Toastie	\$4.50
Greek Yogurt Granola	\$3.60

ISHS Tuckshop Menu 2025

Skip the queue!
Pre-order your lunch before school!
Just stop in the tuckshop and
we'll help you get it sorted!

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti & Meatballs(H) \$6.80	Honey soy chicken rice bowl(GF/H/LF/DF) \$6.80	Beef Burrito Bowl (GF) \$6.80	Thai Green Curry Chicken (GF) \$6.80	Pasta Bols (H) \$6.80
BBQ Pork Bun \$2.60	Chicken Pesto Pasta (H) \$6.80	Korean Stir-Fry Noodle Chicken (GF/H) \$6.80	Japanese Curry Chicken (LF/DF/H) \$6.80	Meatball sub \$6.80
Greek Pasta Salad (V) \$6.80	Sushi \$4.40	Pasta Bols (H) \$6.80	Chickpea & Veg Butter Curry (V/VG/GF/DF/LF) \$6.80	BBQ Pork Bun \$2.60
Chicken Carbonara (H) \$6.80	Curried Sausages \$6.80	Laksa \$6.80	Chicken Mushroom and Spinach Pesto Pasta (H) \$6.80	Fried rice Chicken (GF/DF/LF) \$6.80
Butter Chicken (H/GF/DF/LF) \$6.80	Chicken Vietnamese Salad (GF/H/LF/DF) \$6.80	Beef Cheese Burger \$6.80	Vietnamese Noodle Salad Chicken (GF/DF/LF) \$6.80	Butter Chicken (H/GF/DF/LF) \$6.80
Chickpea & Veg Butter curry (V/VG/GF/DF/LF) \$6.80	Chicken Fried Rice (GF/DF/LF) \$6.80	Veggie Burger (V/H) \$6.80	Sweet Chili Chicken Wrap \$6.00	Chickpea & Veg Butter Curry (V/VG/GF/DF/LF) \$6.80
Veg Spaghetti (V/H/LF) \$6.80	Tofu Vietnamese Salad (V/VG/GF/H/LF/DF) \$6.80	Veggie Burrito Bowl (V/VG) \$6.80	Thai Green Curry Tofu (GF/V) \$6.80	Fried Rice Tofu (GF/V/DF/LF) \$6.80
Chili Chicken Roll (H) \$5.00	Veggie Pesto Pasta (H/V/VG) \$6.80	Korean Stir-Fry Noodle Tofu (GF/V/VG/H) \$6.80	Japanese Curry Tofu (V/VG) \$6.80	Chili Chicken Roll (H) \$5.00
Hot Dog (H) \$4.60	Tofu Fried Rice (GF/V/DF/LF) \$6.80	Chili Chicken Roll (H) \$5.00	Vietnamese Noodle Salad Tofu (GF/V/VG/DF/LF) \$6.80	Hot Dog (H) \$4.60
Chicken Caesar Salad (H) \$6.80	Chili Chicken Roll (H) \$5.00	Hot Dog (H) \$4.60	Sweet Chili Chicken Wrap \$6.00	Chicken Caesar Salad (H) \$6.80
	Hot Dog (H) \$4.60	Chicken Caesar Salad (H) \$6.80	Chili Chicken Roll (H) \$5.00	
			Hot Dog (H) \$4.60	
(H) - Halal	(GF) – Gluten Free	(DF) – Dairy Free		
(V)- Vegetarian	(VG) -- Vegan	(LF) – Lactose Free		

Ice blocks and ice creams

Maxibon	\$5.60
Milo scoop	\$5.00
Frozen yoghurt	\$3.70
Lifesavers	\$3.00
Icy pole	\$2.50
Zing	\$1.00
Zooper Dooper	\$0.50

Snacks

Garlic bread	\$2.60
Instant noodle cup	\$3.20
Chicken wedges	\$4.50
Sausage rolls	\$4.80
Travellers pies	\$4.80
Banana bread	\$4.20
Muffin of the day	\$4.20
Iced finger bun	\$2.20
Fruit cup	\$4.00
Yoghurt cup	\$3.60
Asstd Cakes/Slices	\$4.20

Drinks

Pauls/So Juicy pure juices \$4.50 (L); \$3.40 (S)	Chill iced teas \$4.60
Lipton Iced Tea \$4.60	Famous soda \$4.00
Poppers \$2.90	Ice Break coffee milk \$4.80
Water (600 mL) \$3.00	Oak Milk flavoured (600 mL) \$4.80
Water Sparkling	Oak Plus flavoured milk (600 mL) \$4.80
San Pellegrino (500 mL) \$4.00	Up & Go flavoured milk \$2.90
Plain Milk (500 mL) \$2.80	Zymil flavoured milk \$4.80
Breaka flavoured milk (300 mL) \$3.20	Aloe Vera drinks \$4.60
Ice Break coffee milk \$4.80	San Pellegrino flavoured mineral water \$4.00
	Powerade/Gatorade \$4.60