

Breakfast (Available 8:00 – 8:45am)

Bacon & egg muffin	\$5.20
Ham & Cheese croissant	\$5.50
Hash Brown (GF/VG)	\$1.50
Ham & Cheese Toastie	\$4.50
Greek Yogurt Granola	\$4.00

ISHS Tuckshop Menu 2026

Skip the queue!
Pre-order your lunch before school!
Just stop in the tuckshop and
we'll help you get it sorted!

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti & Meatballs(H) \$7.20	Honey soy chicken rice bowl(GF/H/LF/DF) \$7.20	Beef Burrito Bowl (GF) \$7.20	Sweet Chili Chicken Wrap \$6.50	Thai Green Curry Tofu (GF/V) \$7.20
BBQ Pork Bun \$2.80	Chicken Pesto Pasta (H) \$7.20	Korean Stir-Fry Noodle Chicken (GF/H) \$7.20	Japanese Curry Chicken (LF/DF/H) \$7.20	Meatball sub \$7.00
Med CousCous Salad (V) \$7.20	Roast Pumpkin Feta Salad (GF/H/LF/DF) \$7.20	Pasta Bols (H) \$7.20	Chorizo Ckn Olive Tomato Pasta \$7.20	BBQ Pork Bun \$2.60
Laksa \$7.20	Curried Sausages \$7.20	Laksa \$7.20	Vietnamese Noodle Salad Chicken (GF/DF/LF) \$7.20	Fried rice Chicken (GF/DF/LF) \$5.00
Butter Chicken (H/GF/DF/LF) \$7.20	Sweet Chili Ckn Wrap \$6.50	Chicken Caesar Salad (H) \$7.20	Vietnamese Noodle Salad Tofu (GF/V/VG/DF/LF) \$7.20	Chickpea & Veg Butter Curry (V/VG/GF/DF/LF) \$7.20
Chickpea & Veg Butter curry (V/VG/GF/DF/LF) \$7.20	Korean Stir-Fry Noodle Ckn (GF/H) \$7.20	Fried Rice Ckn (GF/DF/LF) \$5.00	Japanese Curry Tofu (V/VG) \$7.20	Fried Rice Tofu (GF/V/DF/LF) \$5.00
Veg Spaghetti (V/H/LF) \$7.20	Korean Stir-Fry Noodle Tofu (GF/V/VG/H) \$7.20	Veggie Burrito Bowl (V/VG) \$7.20	Chili Chicken Roll (H) \$5.00	Thai Green Curry Chicken (GF) \$7.20
Chili Chicken Roll (H) \$5.00	Veggie Pesto Pasta (H/V/VG) \$7.20	Korean Stir-Fry Noodle Tofu (GF/V/VG/H) \$7.20	Hot Dog (H) \$5.00	Chili Chicken Roll (H) \$5.00
Hot Dog (H) \$5.00	Chili Chicken Roll (H) \$5.00	Chili Chicken Roll (H) \$5.00	Pasta Bols (H) \$7.20	Hot Dog (H) \$5.00
Chicken Caesar Salad (H) \$7.20	Hot Dog (H) \$5.00	Hot Dog (H) \$5.00		
Pasta Carbonara \$7.20		Tofu Fried Rice (GF/V/DF/LF) \$5.00		
(H) - Halal	(GF) – Gluten Free	(DF) – Dairy Free		
(V)- Vegetarian	(VG) -- Vegan	(LF) – Lactose Free		

Ice blocks and ice creams

Maxibon	\$5.80
Milo scoop	\$5.00
Frozen yoghurt	\$4.00
Lifesavers	\$3.50
Icy pole	\$3.00
Zing	\$1.00
Zooper Dooper	\$0.50

Snacks

Sushi	\$4.50
Garlic bread	\$2.70
Instant noodle cup	\$3.30
Chicken wedges	\$4.70
Sausage rolls	\$5.00
Travellers pies	\$5.00
Banana bread	\$4.5.0
Muffin of the day	\$4.50
Iced finger bun	\$2.50
Fruit cup	\$4.20
Yoghurt cup	\$4.00
Asstd Cakes/Slices	\$4.50

Drinks

Pauls/So Juicy pure juices \$4.80 (L); \$3.50 (S)	Chill iced teas \$4.80
Lipton Iced Tea \$4.80	Famous soda \$4.20
Poppers \$3.00	Ice Break coffee milk \$4.80
Water (600 mL) \$3.00	Oak Milk flavoured (600 mL) \$4.80
Water Sparkling	Oak Plus flavoured milk (600 mL) \$4.80
San Pellegrino (500 mL) \$4.20	Up & Go flavoured milk \$3.00
Plain Milk (500 mL) \$3.00	Zymil flavoured milk \$4.80
Breaka flavoured milk (300 mL) \$3.20	Aloe Vera drinks \$4.80
Ice Break coffee milk \$4.80	Bare drinks \$4.50
	Powerade/Gatorade \$4.80